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Use as you wish as individuals and also as a company. We are delighted to be making some real headway in this area by removing plastics from our finishers' packs which are either reusable or recyclable. The packaging on all finisher t-shirt products are compostable and can be added to your food waste recycling. Although all the bottles that are used in our events are recycled, we know that eliminating the need for any plastic needs to be our Plan A. Correct level of hydration for participants is something which is seriously considered for the safe running of our events and the health of the participants. Other factors such as the logistics of providing water for thousands of participants where there can be no risk of contamination is of equal importance hence why we need to carefully consider the options for both on course and in our finish areas, environment plastic packaging hydration My child does not match the age criteria for a race, can they still take part? No this is not possible. These events are athletic events and age categories are set specifically for this. child race age outwith I have paid for two entries in two different events. Can I decide on the day which one I want to run? Yes this is possible. Unless you withdraw prior to the event you will receive an event number for each event you are entered into. By choosing to enter two events, you accept that entry fees for the event you do not take part in are non-refundable, two 2 events fees different Are there changing facilities available? There are no changing facilities available at the start line, but there are at the finish. changing room facilities shower I purchased my own entry but I see my chosen charity have places, if I apply to run then instead will I be refunded for my own entry? No you will not be refunded your entry fee (please see our t's and c's), the best option here is to keep your own standard entry and fundraiser for the charity directly by linking your entry to the charity within your MyRunning account. I have a Good For Age Entry, can I transfer this to someone else? No, you cannot transfer a Good For Age entry as this entry is unique to you and your circumstances/previous race results. transfer gra good for age What is the price of a good for age entry? If you apply for a Good For Age entry and this is approved, the price will be included when we send out your entry code. I have received the wrong sized running vest from my charity, how do I change this? Please contact your Charity directly using the Charity information page from within the Event Website, found under the 'Run For Charity' section, vest charity top running wrong I misplaced my code to join my team relay team. What should I do? Please ask your team captain to login to their MyRunning account and resend your invitation via the 'Edit Your Team' section, code relay join team Can my child run in the kids kilometre with us if he is older than 6? No this is reserved for the 3 to 6 year olds who will run with a parent, we have other kids races to accommodate children older than 6 child run kids kilometre ageing Please see the race UKA accredited? Yes, the race is UKA accredited. Do I need to pay to park at one of the park and rides? Only Newcraighall Park and Ride charges for parking. You can park for 24 hours at Newcraighall for 50p. The parking at Sheriffhall Park and Ride and Straiton Park and Ride is free. Please note there is no parking available at Wallyford Park and Ride or Buccleuch Place, bus; transport; park; ride I entered the wrong email address for one of my team relay participants, how do I change this? Log in to your account, click on 'Edit Team', then 'resend invitation' and enter the correct email address for your runner. runner I no longer wish to, or cannot, participate due to pregnancy, illness or covid - what are my options? Some events have a transfer option, where you can transfer your entry to another runner by selecting 'Manage my Entry' on your MyRunning dashboard for the event & selecting 'Transfer my Entry'. If this option is available for the event you are running, we suggest you post on the event Facebook page, and let others know you have a place to transfer. You can then arrange a level of remuneration to you directly for the place, and use the 'Manage my Entry' function to facilitate this. If the transfer deadline has passed, or if a transfer option is not available for your event, unfortunately your entry cannot be deferred or refunded. Please let us know you are no longer taking part by selecting 'Withdraw my Entry' via the 'Manage my Entry' section of your MyRunning account. injury pregnant covid long COVID COVID19 illness cancer operation breavement sick death dead Can a relay team member complete the first stage of the relay for our team and then continue to complete the full marathon? Is there a meeting point for charities who do not have a marquee at the finish? Yes, in our Charity Village at the finish. There, you can meet up with participants, spectators and the general public, at our R to Z flags Charity Meeting point. Please set up near the flag that corresponds to the first letter of your charity. Can I run with a water bladder backpack? Yes. However we encourage runners to drop their bags at the baggage trucks, or hand them out to friends or family as much as possible. If for medical reasons, you need to keep your backpack on the course, you may be asked where your bag searched by security. Please take this time to account and arrive early enough. Can I see your Privacy Policy? Of course! Please click here to see our Privacy Policy. What do you do with my data? You can find out all the information you need via our Privacy Policy page. How did I get to your mailing list? Please have a read of our Privacy Policy which should detail all the information you require. You can unsubscribe from our newsletters at any time by updating the 'Your Preferences' area of your MyRunning Profile, or clicking in the 'unsubscribe' link at the bottom of the email. How do I subscribe to your mailing list? All you need to do is click here and follow the instructions. We look forward to welcoming you! Why do you collect my date of birth? We use this to define your entry method, there are different age limits to each event. date of birth I received an email to complete my Relay teams details via the 'administrate team' link in MyRunning, but I can only see an 'edit team' link. What should I do? The "edit team" link displayed in your MyRunning account is the correct link. Please follow this link to complete your teams details. team relay edit complete admin administrate details What should I do with my baggage if I am running the half and full marathon? Please attach both baggage tags (these will on your 'Event Number') to the bag you would like to drop off on the baggage truck. Drop the bag off on the half marathon baggage truck relating to your half marathon start pen colour. It will be available for you to collect after the marathon from the pick up area relating to your marathon Event Number. baggage I have an approved entry but have recently achieved Good for Age standard, can I change my entry? No if you already have an approved entry it cannot be changed to a Good for Age entry. good for age Is the event on on the TV? No, this event isn't broadcast on the television. I lost my medal/t-shirt from a few years ago and would like a replacement - is this possible? No, we do not keep medals or t-shirts from previous years. Do you operate a ballot system for entry into your marathons? No there is no ballot system, you can purchase an entry when the next year's event is open, keep an eye on the event websites to see when entries are available. ballot entry Do I need to show evidence of my fundraising to the event organiser? No this is done via your chosen Charity, fundraising evidence event organiser My event information pack states 'Pen TBC' and 'Number TBC', what does this mean? It means your event number is currently being processed and allocated. This information will appear in your Event Information Pack in due course, the race event number allocated pen which name is on the event number? The runner's first name only appears on the event number. bib number Does any of the waste from the event end up in landfill? We are delighted to announce a partnership with the team at Hamilton Waste & Recycling to ensure that none of the waste generated at the event ends up in landfill. Each of us understand the importance of making the event as environmentally friendly and sustainable as possible, so while we investigate and develop products to allow us to eradicate plastics from our event, this interim step to ensure that zero waste goes to landfill is vital. Every individual at the event has a personal responsibility to help do this by making sure that any rubbish they have is placed in the bin that will be provided around the start, finish and course areas of the event. This is important, particularly on course where the wind can catch empty bottles and gel wrappers and transport them miles away, so please help our teams in these areas by making sure that every last piece ends up in the bin. All waste will then be taken away by the team at Hamilton to their recycling facility where each piece will be sorted and recycled into useful products. Hamilton is one of Scotland's leading independent recycling and resource management companies. Founded in 2002, the company provides services to customers across East Lothian and Edinburgh where it operates under its distinctive Tartan Waste brand. In addition to its fleet of modern collection vehicles, Hamilton recycles a wide range of commercial, construction and domestic waste through its award-winning materials recycling facility in Musselburgh. Recognised as one of the UK's most sophisticated waste management sites, it is capable of recycling and recovering all of the waste it processes. Any waste that cannot be recycled is used in the production of a waste derived fuel which in turn, is used to generate sustainable energy and offset traditional fossil fuels. Having recently invested over £10 million in new processing technology, the company is now able to recover and recycle an even wider range of materials including general waste, mixed recycling, food, glass and plastic. It also operates Scotland's only mattress recycling facility and accredited plasterboard recycling service. All customers are assured of full compliance with the Scottish 'Zero Waste Regulations'. Customers in the centre of Edinburgh also benefit from collections made at specific times and locations in line with the city's 'Right Time, Right Place' policy. Hamilton is committed to ensuring that Scotland maintains its position at the forefront of developing the circular economy and helping its customers to realise the environmental and commercial value of the material that they throw away. Thank you in advance for supporting the event and the team as we all work together to ensure that this is a ZERO WASTE TO LANDFILL event. waste; landfill; plastic I am a relay participant but I am not the captain, can I come to pick up the numbers for the whole team? Each relay team member will receive an event number. If one team member has lost/has forgotten/hasn't received them in time, the whole team need to get new event numbers. But any relay team members can come to pick up the numbers for the rest of the team as long as they have their confirmation email and a proof of ID. They just have to specify who is the team captain. Please check the opening times of the event number station on your Event Information Pack. My event number is damaged, will this affect my recorded time? If you are at all concerned that your event number with your chip has been damaged in the post, you can visit the Event number station on event weekend and pick up a new number. bib race runner will be doing age group prize presentations on the day of the event? We won't be doing age group prize presentations on the day. After the event, we will send your running vouchers to you by post directly to the address registered on your MyRunning account. what time I have lost my baggage tag what can I do? Please report to the event number station to receive a replacement. luggage Certain junior events have 2 races. What is the difference between race 1 and race 2? Due to the increasing popularity of these events we have added additional races to the year's event is open, keep an eye on the event websites to see when entries are available. ballot entry Do I need to show evidence of my fundraising to the event organiser? No this is done via your chosen Charity, fundraising evidence event organiser My event information pack states 'Pen TBC' and 'Number TBC', what does this mean? It means your event number is currently being processed and allocated. This information will appear in your Event Information Pack in due course, the race event number allocated pen which name is on the event number? The runner's first name only appears on the event number. bib number Does any of the waste from the event end up in landfill? We are delighted to announce a partnership with the team at Hamilton Waste & Recycling to ensure that none of the waste generated at the event ends up in landfill. Each of us understand the importance of making the event as environmentally friendly and sustainable as possible, so while we investigate and develop products to allow us to eradicate plastics from our event, this interim step to ensure that zero waste goes to landfill is vital. 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Although some of these measures may no longer be a legal requirement, we ask that everyone involved with the event, from participants through to suppliers, and event delivery team follow these in order to safeguard events at this time, and ensure that by acting responsibly and safely, they can continue. As such, the following measures will be implemented at the event: Hydration participants, event team and delivery partners will be encouraged to follow good hygiene practices, to keep up to date and on the event. Hand sanitising facilities will be available throughout the event, and all participants, event team and delivery partners to bring your own and be self-sufficient as possible. Face Coverings All event attendees will be required to wear a face covering when indoors (in Scotland), on event transport (in Scotland). We encourage you to wear a face covering in any crowded outdoor space, if you feel more comfortable so. Face coverings are not required in open spaces where physical distancing can be maintained, or while running on course. Health Screening All participants, event team and delivery partners will be encouraged to take a lateral flow test within 24 hours prior to arrival at the event. If you test positive, please follow government guidance to isolate at home for the recommended period of time. Social Distancing We ask all participants to be respectful of other's space at the event, and understand that some people feel require more space in order to feel comfortable. Additional space has been made available in the start pens, but participants can stay out of the pen and join onto the back of their pen if they wish to give themselves more space. This will make no difference to your result, as your timing chip will only start when you cross the start line. Participants may be encouraged to use toilets that correspond to their start pen at the event start, so please look out for the colour that corresponds to your event number. Participants are encouraged to bring their own water and nutrition to the event. There will still be Hydration stations available on the course for distances above 5K. coronavirus cancel postponement Is it possible to run the 2022 event virtually if I don't feel comfortable coming to the actual event? We understand that some people may not wish to attend events yet. If this is the case for you, we will allow participants to complete the event virtually. This must still be completed on the day of the event, or within the week following the event. After you have completed the event, please contact us via the online contact us form within FAQs and let us know that you have done so, and your finishing time. We will then log this and post your medal/finisher pack. 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